

Therese Foucher  
Helen Fowler  
Doris Francis  
Robert & Mary Freitas  
David & Merle Friedenberg  
Theresa Frye  
Irene Fullam  
Evangeline Fusscas  
George Gagne  
Brenda Gallant  
Frances Gamache  
Diane Gardini  
Leo Garrahan  
Elaine Gaudreault  
Clara Geddes  
Samuel C. Gold, M.D.  
Helen Gordon  
Jeannette Grady  
Stanley Grant  
Anita Gravel  
Karen Gray  
Greenspan Foundation  
Joseph & Jennie Grilli  
John & Rita Haley  
Jacqueline Hamilton  
Robert & Anne Hamilton  
Elizabeth Hand  
Hannaford  
Frank & Marion Hauck  
Gregory & Linda Hood  
Sandy Lish  
Eleanor Houlné  
David Hubbs  
Gilbert & Marlene Hulme  
Charles Hungler  
Ethel Hunter  
Paul Hunter  
Evelyn Hynes  
John & Ladawnya Jennerjohn  
Eve Johnson  
Paul & Charlene Jhrde  
Chris & Helen Kehas  
Agnes Kelly  
Daniel & Suzanne Kirby

Edward Koonz  
Frederick & Louise Kos  
Raymond & Linda Labarre  
Jeannette & Hubert LaBerge  
Bertha Ladieu  
Conrad Lafond  
Shirley LaFrance  
Bob Lago  
Therese Lajoie  
Paul & Sylvia Laliberte  
Lambert Funeral Home Inc.  
Ovide Lamontagne  
Roger Lamontagne  
Barbara Lantienne  
Jeannine & Claude Laroche  
Leo & Lucille Laroche  
Helen Gordon  
Allan Larson  
Pauline Lavoie  
Daniel & Susan Leach  
Donna Leavell  
Rodman Leavell  
Joseph & Jennie Grilli  
Carmella Leopold  
Paul Lessard  
Gary Lewis  
Luce LEBERGE  
Sheryl Liberman  
Liberty Press  
Agnes Lindsay Trust  
Dennis & Amy Malley  
Susan Mansor  
Barbara Marchand  
Gregory & Annette Marcoux  
Bob & Barbara Mariano  
Robert & Barbara Marino  
Claire Marquis

David Martel  
Lorraine Martel  
Philip Martin  
Robert & Karen Martucci  
George Mastrangelo  
Madelyn McCann  
Bill & Phyllis McCarthy  
Lorraine McCarthy  
James & Patricia McDonald  
Kristin McGovern  
Robbie McKenna  
Priscilla McKuskie  
Rachel Melanson  
Cynthia Memmen  
Norman Michaud  
J. Michel  
Judy Miller  
Tracy Miller  
Robert Moeller  
John Monnelly  
Eva M. Montembeault *in memory of*  
Gerard J. "Monty" Montembeault  
Catherine Moran  
Donna Morris  
Mabel Mortlock  
Lynn Motowylak  
Edward Moulton  
Susan Mozek  
Judy Mullins  
Joseph & Ruth Nelson  
Marsha Neubert  
New Hampshire Charitable Foundation  
Joy Nicholas  
Sarah Nickerson  
Joseph & Lynn Noble  
John MacGilvary  
Josephine Noon  
Thomas Noonan  
Howard & Joyce Noton  
Carol Oday  
Ellin O'Hara  
Esther Osman  
Paul Ouellette, D.M.D.

William Pananos  
Alfred & Denise Paquette  
Mark & Kathryn Parenti  
Larry Parrotto  
John & Suzanne Patenaude  
Romeo & Eleanor Patrick  
Doris Peacock  
Richine Pegrarn  
Gloria Pelletier  
Theda Peters  
Pilgrim Church  
Henry Plantier  
Theodore & Margaret Pobywajlo  
Richard & Carole Power  
Yvette Proulx  
George Provencher  
Marc Provencher  
Harry Purkhiser  
Suzanne Quirke  
Joseph and Susan Reed  
Retina Vision Center Llc  
Anita Richard  
Charlotte Richardson  
Lucille Robidas  
Nancy Roetzel  
J.H. Rolfe Construction Co. LLC  
Rotary Club of Nashua West  
Linda Rousseau  
Lucien & Doris Roy  
Marc & JoAnn Rubenson  
Anna Sarvo Ryan  
Dennis Ryan  
Sam's Club Foundation  
Joan Sarvai  
Albert & Marion Savage  
Michele Schafer  
Steven & Christine Scheiner  
Evelyn Schwager  
Patricia Sheehan  
Charlotte Shilalie  
Edward Shubelka  
Russell & Karen Simmons  
Bernice Singer  
Michael Smith



**Main Office**  
**19 Harvey Road**  
**Bedford, NH 03110**  
**603-622-4948**

Nonprofit  
Organization  
U.S. Postage  
PAID  
Manchester, NH 03103  
Permit No. 185

## Silver Circle Club Members

Thank you to those that committed to support The CareGivers at a level of \$500 or more in 2010:

Ella F. Anderson Trust  
Autodesk, Inc.  
AutoFair Group  
BAE Systems  
BECFI  
Bedford Presbyterian Church  
The John Bickford Foundation  
Bishop's Charitable Assistance Fund, Inc.  
City of Nashua  
Mark Cleveland  
Desmond Coffee  
Cogswell Benevolent Trust  
Comcast

James Davis  
Demoulas Foundation  
Lane & Elizabeth C. Dwinell Foundation  
Faith Baptist Church  
Greenspan Foundation  
Hannaford  
James & Fernande Kelly Trust  
Agnes Lindsay Trust  
The McIninch Foundation  
Merchants Automotive Group  
J. Michel  
Eva M. Montembeault *in memory of* Gerard J. "Monty" Montembeault

New Hampshire Charitable Foundation  
William Pananos  
Pearl Manor Fund  
People's United Bank  
Rotary Club of Nashua West  
Saint-Gobain Industrial Ceramics  
Saul O. Sidore Memorial Foundation  
Maria Silva  
Michael Smith  
St. Paul's United Methodist Church  
Town of Merrimack  
Madelaine G. Von Weber Trust  
Walmart Foundation

## Staff

Donny R. Guillemette  
*President & CEO*

Bernadette Douzanis  
*Development & Resource Manager*

Mary Ellen Subisak  
*Community Outreach & Events Coordinator*

Kelly Urban  
*Manchester Program Coordinator*

Eric Emmerling  
*Nashua & CCC Program Coordinator*

Ellie Martel & Diane Gardini  
*Office Support Staff*

Anna Olsen  
*Caring Cupboard Program VISTA Member*

Robert G. McCullough, Jr., James Howarth & Robert Conn  
*Caring Cupboard Warehouse Clerks*

## Board of Directors

**Chairman**  
Desmond Coffee  
*Community Volunteer*

**Treasurer**  
Steve Scheiner  
*People's United Bank*

**Secretary**  
Cyndi Spiers  
*Comcast*

**David Harrity**  
*Retired-U.S. Dept. of Housing & Development*

**Ann Hartman**  
*Fidelity*

**John MacGilvary**  
*Prudential Verani Realty*

Ruth-Ellen Mason  
*Increase Sales & Marketing, LLC*

Mary Wainright  
*Community Volunteer*

The Official Newsletter of :



# Caring Connections

VOLUME 6, ISSUE 1

WINTER 2011



## Passing the Passion to the Next Generation



Lisa Lacombe is a 43 year old single mom to 16 year old Nick and has been for 11 years now. After being laid off as a commercial interior designer for 11 years, she found herself in need of a job to support herself and her son. Lisa started selling real estate with Prudential Verani Realty just over a year ago and is doing quite well despite being a "rookie". However, as her income is commission based, at times things are just OK, but she knows that there are always other people worse off. "I can't give money but I can give my

time, which is just as valuable", says Lisa. Lisa started volunteering doing deliveries for The CareGivers Caring Cupboard (CCC) program by chance. She was with her manager on a day Prudential Verani volunteers were delivering groceries to CCC clients, she became aware they were short-handed for that night's delivery. Without hesitation, Lisa offered to fill in and has been a regular CCC volunteer since.

Lisa states, "I get more back than I give...it's a warm and fuzzy feeling; I don't know how else to describe it. We are touching other people's lives." Lisa's son, Nick, accompanies her frequently on grocery deliveries. She wants him to see other sides of people in this world and for him to realize we all need to help each other. Lisa and her son live in the house that was once her grandmother's and

thanks her for being where she is today. She feels grandparents are necessary to teach the new generation about life's hardships, to make them realize that life isn't always about what they want. One of the clients they deliver to is like a grandmother to her son now. "It's all about relationships", says Lisa. "We are the only people they might see in the course of the day. It is filling their lives while filling mine by building relationships."

Lisa wishes she had more time to volunteer, but must balance her life with her service efforts. She sums it all up by simply stating, "I want to spread love whenever I can".

## Students' Compassionate Outreach

Nashua Christian Academy's vision statement is 'Passion for God, Compassion for People'. In the Community Outreach elective class taught by Janine Myers, they try to embody this vision by selecting local outreach activities that students can plug into. Janine heard about The CareGivers a few years ago, and thought it would be ideal for the kids to get involved with. "When CareGivers so graciously offered to drop birthday balloons and cookies at the school once a month for their Birthday Squad Program,

it gave my students the perfect opportunity to plug in", stated Janine. Students who have participated in the birthday deliveries have had a great experience meeting The CareGiver clients, and getting to spend a little time chatting with them. "Personally, the students feel good about cheering people up and making them feel special", says Janine. She thinks the clients themselves especially enjoy seeing young faces. The students have been participating now for the last two years and recently held a can good drive to collect cans for The CareGivers Caring Cupboard

food pantry. Students brought in about 250 cans for the can drive! "Since we are a high school with only about 80 students, this is quite an accomplishment", Janine proudly says, "and the students were pleased to help out".



*"Experience the power of caring!"*



"I would like to thank you for all you do for me. The rides, the food and Christmas presents. You really care for people. I don't know what I would do without you."  
Carolyn, client, age 72

## "Profiles of Service" A Board Member's Perspective



Ann Hartman

*Why did you become involved with The CareGivers?*  
My employer, Fidelity Investments, provides opportunities for us to give back to the community by volunteering for various organizations. About a year ago, I began delivering groceries to those in need every month for The CareGivers Caring Cupboard, and it's been a wonderful experience for me. The best part of the night is

visiting with the clients, knowing that for some I am their only visitor for weeks. I often bring my two children along to help while teaching them of the importance of caring for those members of our community who are often forgotten. Recently, I was approached to join the Board of Directors and was happy to accept the job! I truly feel that when you give to others, you get back so much more.

*Why do you think the mission of The CareGivers is important for the community?*  
I think bridging the gaps that exist in local and government programs and the needs of our citizens is an important part of our mission. Helping the elderly is a way to show our appreciation for these people who gave to the community for many years in one way or another. Whatever I can do to create stability, happiness and

enrich their lives is something I am willing to do and am proud to do it.. It's also a message to send to younger generations. Teaching youth about volunteerism is important for me as well, since one day I will be the one who "needs help!"

*What interests you most about The CareGivers organization?*  
The CareGivers is a nonprofit organization that is funded by donations, so it must meet the challenges of raising enough funds to support the programs through volunteer efforts. Although my favorite duty is making the deliveries to our clients and seeing their appreciation first hand, as a new board member I am also beginning to understand the intricacies of the fundraising process and am welcoming the opportunity to help develop new programs that may be needed for the future.



## A Look Inside the Cupboard

The CareGivers Caring Cupboard is a mobile food pantry delivering free grocery packages to low income elderly and disabled neighbors.

	Delivery Business Partners	Households Served	Amount of Groceries
OCTOBER '10	Citizen's Bank, Prudential Verani & UPS	238	8,105 lbs.
NOVEMBER '10	People's United Bank, Prudential Verani, Saint Anselm College & BAE Systems	234	7,926 lbs.
DECEMBER '10	Bedford Presbyterian Church, Prudential Verani & St. Mary's Bank	231	7,260 lbs.
<b>TOTALS</b>		<b>703</b>	<b>23,291 lbs.</b>

**THANK YOU!**

### In Tribute...



Longtime CareGivers volunteer, Cheryl Pearsall, passed away on January 30<sup>th</sup> 2011. She regularly volunteered with the Caring Cupboard program delivering groceries to the homebound. Cheryl was a very dependable, punctual and cheerful volunteer who was always willing to do more to help the community. Her warm and caring presence will be truly missed.

## Upcoming Events



Don't miss **Chocolate Lovers Fantasy** Event on Sunday, May 22, 2011 at the Radisson Hotel Manchester from 12 Noon to 3 PM. This signature event offers chocolate enthusiasts an indulgent day of "everything chocolate" for a single admission fee. A unique variety of vendors offer samples of their favorite chocolate themed creations and products. Retail sales are available by some vendors, as well. In addition, attendees have an opportunity to participate in silent auction shopping, numerous raffles for chances to

win great prizes and enjoy local musical entertainment. This event has grown into a much-anticipated happening in the community and draws 1,500 attendees! Proceeds help support the programs and services of The CareGivers, Inc. Visit our website at [www.caregiversnh.org](http://www.caregiversnh.org) to purchase your tickets today.



## Short News

This past November, The CareGivers, Inc. hosted its Outstanding CareGiver Volunteer of the Year Recognition Event. Heather Bishop, WZID Radio Personality, was the guest speaker. The CareGivers was delighted to honor Rodman Leavell, a Greater Manchester volunteer, John Patenaude, a Greater Nashua volunteer and Fidelity Investments, a volunteer group. These award recipients go above and beyond as CareGiver volunteers. Thank you and congratulations to all.



From left to right: Donny Guillemette, President & CEO of The CareGivers, Ann Hartman of Fidelity Investments, John Patenaude and Rodman Leavell



Be sure to visit The CareGivers, Inc. new website at [www.caregiversnh.org](http://www.caregiversnh.org) and also check us out on Facebook.

"I want to thank The CareGivers for the food you provide to me. I would not be able to eat as well as I do without your help."  
Bill, CCC client

## Happy Birthday Volunteers

### January

Steven Botana	1/4
Blance O'Leary	1/5
Rita Soderberg	1/12
Scott Davis	1/13
Maddy Murphy	1/16
Sree Sridharan	1/17
Judith Tremblay	1/18
Joy Brett	1/22
Regine Messamore	1/22
Deborah Sandall	1/22
Pat Tollenger	1/23
Nancy Fitzpatrick	1/25
Franz Lang	1/31

### February

Donald Bournival	2/14
Carole Hackert	2/13
Bill Peabody	2/13
Sheila Queenan	2/24
Lisa Subisak	2/27

### March

Jill Jones	3/1
Cathy Fitzpatrick	3/2
Tomasine Hall	3/2
Stephen Mulloy	3/5
Mary Lou Brindisi	3/11
Rodman Leavell	3/12
Jessica Nichols	3/12
Jean Lovely	3/16
Sonja Tahsin	3/17
John Patenaude	3/24

## Thinking of you...

The following people generously made donations from October 1, 2010 through December 31, 2010 in honor of and in memory of someone special. This is truly a wonderful way of showing you care about someone; not only are you paying them tribute, but each contribution helps others in need.

Sandy Balsamo in memory of Robert D. Poulette  
Mary Barrett in memory of Merylyn Parker  
Lynne Bernier in memory of Merylyn Parker  
Richard Buechsenschuetz in honor of Marge Blanchette  
John & Shirley Campanella in memory of Joseph Tulipani  
Philip & Jacqueline Finn in memory of Carmel A. Lessard  
Karen Gray in memory of Merylyn Parker  
Lambert Funeral Home Inc. in memory of Carmel A. Lessard  
Dennis & Amy Malley in memory of Merylyn Parker  
Eva M. Montembeault in memory of Gerard J. "Monty" Montembeault  
Sarah Nickerson in memory of Merylyn Parker  
Sheila Nolan in memory of Merylyn Parker  
Larry Parrotto in honor of Tom Boucher  
Dona Stretch in memory of Merylyn Parker  
David & Laura Treat in memory of Merylyn Parker  
Gail Tulipani in memory of Joseph Tulipani  
Gail Tulipani in honor of Patricia Tulipani

## Our Generous Donors...

The CareGivers, Inc. would like to acknowledge the generosity of the following who contributed to our programs from October 1, 2010 to December 31, 2010. Their donations will help insure that more than 700 seniors and disabled people will receive the services they need to remain independent.

William Allison	Cecile Boucher	Albert Consentino	Susan Dow
Ella F. Anderson Trust	Georgianna Boucher	Ruth Conway	Claire Duclos
Mary Austrew	Mary Bourassa	William & Carolyn Corbo	Heather Duffley
Roseann Bailey	Roger & Violette Bournival	Lucy Corriveau	Brendan & Kathleen Duffy
Sandy Balsamo	Peter & Claire Bourque	Yvette Corriveau	Laurette Dufresne
Mildred Barlow	Denis & Rejeanne Boutin	Felicia Craig	Roger & Denise Duhamel
Mary Lou Barrett	Dorothy Boyce	Shirley Cronin	Sue Dumont
BECFI	Dorothy & Barbara Brawley	Rita Croteau	Susan Dunn
Carol Bednarowski	Mary Lou Brindisi	Joan Currier	Katherine Dupuis
Paul Belyea	Virginia Brison	Dr. F.W. Danby	Marcel Dupuis
Joseph Benoit	Richard Buechsenschuetz	Paul DeCarolis	Angela Dusaitis
Lynne Bernier	Cynthia Burt	Richard Delgado	Jerry & Sherry Dutz
James & Dorothy Bertelli	John & Shirley Campanella	Richard & Irene Delude	Louise Duval
Conrad Berube	Denise Carignan	Daniel & Kathleen Demers	Robert Duval
Elizabeth Biron	Virginia Carlton	Martha Desaulniers	Anne Emmick
Judith Bissonnette	Robert & Jeanne Cere	Charles DesRuisseaux	Cornelia Eschborn
Louise Blais	Nancy Chainey	Robert & Violet Deveault	Faith Baptist Church
Robert & Jane Blais	Laura Charest	Elizabeth Devigne	Lawrence Farrell
Carl & Marilyn Blanchette	Irene & Arthur Chouinard	Constance Dionne	Marcelle Favreau
Madeline Blanchette	Robin Chouiniere	Julia DiStefano	Linda Feinberg
Phyllis Bodnar	City of Nashua	Pauline & Rosaire Dodier	Stanley Felong
Herve & Lucienne Boisvert	Dorothy Clark	Gloria Domian	Stephanie Fink
Imelda Boisvert	Sonya Clay	Bill Doucet	Philip & Jacqueline Finn
Richard Bordeleau	Desmond Coffee	Denyse Doucet	Edward Fisichelli
Steven Botana	Comcast	Barbara Douglas	
John Botop	Dorothy Conlon	Bernadette Douzanis	

continued on next page

## Corporate Connections

The following corporations have supported The CareGivers in a significant way throughout the year. If you share our mission and would like to join us as a corporate partner, please call The CareGivers, Inc.

