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# Connections SUMMER 2012

## Connecting Friends, Becoming Family

Helping the frail, elderly & disabled to maintain their independence & dignity through the spirit of volunteerism.

Genealogically speaking, there's no connection, but when Dot Brawley penned invitations to a recent family gathering, Joannie Barrett's was one of the first in the mail. Their bond is not blood, though the link is heartfelt, constant, unconditional and full of laughter.

They are companions on the Caregivers journey. Once a week, a routine as regular as the mail itself, Joannie makes a friendly visit to Dot. While sipping coffee and nibbling on blueberry muffins they feed each other good-times, companionship and a sense of togetherness.

Dot, an 83-year-old homebound Caregivers client and retired physical education teacher, and Joannie, a Caregivers volunteer since 1988, each look forward to their weekly chat. Joannie loves listening to Dot's stories and being touched by her optimism. Dot remains connected to an everchanging world through Joannie and is moved by her compassion.

Connected via the CareGivers Friendly Visitor program, their relationship is nearly three-years

## Thanks for Giving!

Caring Cupboard.

C t. Mary's Bank made **Main Office** a generous donation to the CareGivers. The 19 Harvey Road funds will specifically be Bedford, NH 03110 used to purchase a tracking software Fax 384-3901 program for the group's

**Nashua Satellite** Office

622-4948

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www.caregiversnh.org



young. The two mothers each possess a great sense of humor. Time flies by when they converse and help each other make sense of

'Joannie's a wonderful caregiver. I was lucky when she was given my name and gave me a call," said Dot. "We share a lot of laughs."

Joannie feels blessed as well. "Dot is a wonderful person. I believe it is as rewarding to visit as it is to be visited. I always look forward to our time together.

#### Welcome AmeriCorps Vista **Volunteer William Duryea**

William comes to us from Northern New York. He graduated from Clarkson University in Potsdam, NY



English and Political Science. He is an avid reader, and particularly enjoys older books and classic literature.

William's role at the CareGivers will be recruiting and supervising volunteers for the Caring Cupboard

"Experience the power of caring!"

"The CareGivers gives so much more than food to those in

conversation to many who are unable to leave their homes.

This support helps individuals stay in their own homes and

stay connected to their community," said Tom Champagne,

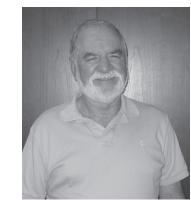
Director of Community Outreach at St. Mary's Bank. . "St.

Mary's is pleased to support the important work done by

The CareGivers and applauds the heroic efforts of their

need in our community-they also provide company and

## "Profiles of Service" A Board Member's Perspective



Desmond Coffee

Why did you become involved with The CareGivers?

Upon retiring I wanted to stay active and volunteering in some fashion seemed like a good way to do that. Having watched my sister assist my parents walk through their senior years and hearing the concerns of friends doing the same, I was drawn to the CareGivers. I have not been disappointed.

How do you help the CareGivers? I primarily volunteer in the Rides for Healthy Living program. My involvement in this program has been most rewarding. The people I have met have been wonderful and I love listening to their stories. At times it's worth a "slight detour" on the way back from their appointment so they can finish their story. I have indeed received more than I have given. I also serve as chairman of the board of

Why do you think the mission of The CareGivers is important for the community?

First in importance is the assistance it provides the frail. elderly and or people living with a disability maintain their independence and dignity. This to me is primary. Our clients still have a lot to offer and helping them to live with dignity can be key to enabling them to still be

contributing members of our communities. And when providing help to an individual the organization is often an indispensable resource for a family struggling to help with the care of a loved parent or relative while heavily involved in the raising of their own family. The support provided by the CareGivers also helps our communities by helping some individuals limit their requirement for help from government-assisted

#### About Des:

Des is a native Californian and graduated from Santa Clara University. He met his wife of 51 years, Tiblene Peace in his senior year at SCU. Des spent 21 years serving in the Navy, then 20 years as a business development manager with Sanders, now BAE Systems. He has 6 children, 3 boys and 3 girls and 14 grandchildren. In his free time Des enjoys skiing, biking, kayaking, gardening and reading.



## A Look Inside the Cupboard

The CareGivers Caring Cupboard is a mobile food pantry delivering free grocery packages to low income elderly and disabled neighbors.

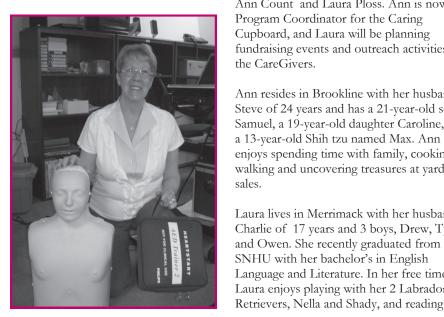
	Delivery Business Partners	Households Served	Amount of Groceries	
APRIL 2012	Prudential Verani, Mary Lou Brindisi Crew, St. Anselm College, Comcast	288	9,621 lbs.	
MAY 2012	Prudential Verani, Best Buy, First Congregational Church Manchester, UPS	201	7,153 lbs.	
JUNE 2012	Prudential Verani, Fidelity	271	9,179 lbs.	
TOTALS			25,953	

THANK YOU!

#### **Short News**

n April 14th the CareGivers hosted a CPR class taught by volunteer Reggie Messamore(pictured below). The CareGivers offers this class periodically to our volunteers so they will be more prepared in the event of an emergency.

Participants included Gloria Mazzaglia, Kelly Urban, Jayne Garon, Steve Botana, Bernadette Douzanis, Susan Mansor, Desmond Coffee, Tiblene Coffee, Beth Bartlett, Deborah Sandal, and Mary Wainright.



## Get Ready, Set, Putt!

Toin us for our upcoming event, "Par for J the Cause," the CareGivers 2nd annual charity mini-golf tournament. The tournament will be held on two evenings. You can participate either Tuesday, October 16th or Wednesday, October 17th. Tee times can be scheduled between 4-8pm at your request. The event will take place at

To Benefit The CareGivers, Inc. Funway Park, 454 Charles Bancroft Highway (Rt 3A) Litchfield, NH Invite your family, friends and co-workers or show your support and become a sponsor. Pizza, refreshments, tee-shirts, and a gift bag will be provided to all

participants. In addition there will be raffles and prizes.

Individual registration is \$25 and a variety of sponsorship opportunities are available. For more information call Laura at the CareGivers or log on to www.caregiversnh.org



he CareGivers would like to welcome

new staff members (from left to right)

Ann Count and Laura Ploss. Ann is now the

fundraising events and outreach activities for

Ann resides in Brookline with her husband

Steve of 24 years and has a 21-year-old son

enjoys spending time with family, cooking,

Laura lives in Merrimack with her husband

Charlie of 17 years and 3 boys, Drew, Tyler

and Owen. She recently graduated from

Language and Literature. In her free time

Laura enjoys playing with her 2 Labrador

Retrievers, Nella and Shady, and reading.

Mini Golf Tournament

SNHU with her bachelor's in English

walking and uncovering treasures at yard

Samuel, a 19-year-old daughter Caroline, and

Program Coordinator for the Caring

the CareGivers.

Cupboard, and Laura will be planning

#### Happy Birthday **Volunteers**

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Friend

us on

July	
June Sapiel	7/02
Pamela McManus	7/04
Rita Murphy	7/04
Donna Skotz	7/04
Diana Nelson	7/15
Inara Platt	7/16
Stacy Hebert	7/16
Ruth Conway	7/19
Eugene Rheault	7/20
Joshua Lafond	7/23
Paul Pearsall	7/30
Christine Tanguay	7/31

#### August William Doucet 8/04 Patricia Greig 8/04 8/08 Tammy Gross Anne Felice Emmick 8/13 Pauline Dodier 8/14 Amie Libby 8/21 8/21 Trina Loughery Cathy Willmott 8/22 Connie Poloskev 8/23 Jennifer Spellicy 8/27 8/27 David Stamp Ovide Lamontagne 8/28

September	
Kathleen Flax	9/03
Richard Bordeleau	9/06
Srini Kondaveeti	9/10
Christina Patenaude	9/11
Susan Mansor	9/12
Kim Anastasiou	9/14
Marie Grantham	9/15
John Anastasiou	9/21
Robert Sampson	9/24

#### CareGivers "Wish" List

Our item donations make a difference! The CareGivers understands not everyone can volunteer their time or make a financial contribution, but donating items on our wish list would be an equally appreciated and rewarding way to help. All the items on the list below, in one way or another, help us provide a better life for the frail, elderly, and disabled we serve. Our most needed items will be updated in this quarterly newsletter.

- ♥ Gas cards for volunteer recognition and our agency's Caring Van.
- Grocery store gift cards in any denomination for Caring Cupboard supplemental needs.
- ♥ Items for our Caring Cupboard like • Canned fruit and vegetables
- Creamed soups
- Ketchup
- Cereal
- Coffee
- Canned peas

#### Our Generous Donors...

he CareGivers, Inc. would like to **I** acknowledge the generosity of the following who contributed to our programs from January 1, 2012 to May 31, 2012. Their donations will help insure that more than 700 seniors and disabled people will receive the services they need to remain independent.

Georgianna Boucher

r	
Theresa Adams	Georgianna Bouch
Lucille Atkinson	Stella Bourgeois
Mary Austrew	Donald Bournival
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BAE Systems	Claire Bourque
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Reilly Bartlett	Dorothy & Barbar
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Paul Belyea	Mary Lou Brindisi
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## Thinking of you...

The following people generously made donations from January 1, 2012 through May 31, 2012 in honor of and in memory of someone special. This is truly a wonderful way of showing you care about someone; not only are you paying them tribute, but each contribution helps others in need.

Ellie Martel in memory of Yvonne Bresnahan Gregory and Deborah Laham in memory of Eleanor Patrick Irene Gagne in memory of Eleanor Patrick Peter and Maxine Derby in memory of Eleanor Patrick Rachel Gelinas in memory of Eleanor Patrick Michael and Nancy Sakelarios in memory of Eleanor Patrick Carl & Marilyn Blanchette in honor of their parents Magdalena Medina in honor of Luis Sierre Josephine West in memory of Lawrence West Sr. & Lawrence Jr. Doris Proulx in memory of Sylvio & Irene Proulx Dorothy Walsh in memory of John R Walsh Claire Trudel in memory of Jules Trudel Harry Ennis in memory of F. Davis Joan Currier in honor of Dot Brawley Dr. Roland Bryan in memory of Marlene Bryan Madelyn McCann in honor of Raymond McCann Ruth Stafford in memory of the Stafford family Diane Marcoux in honor of Richard Marcoux Maurice and Gertrude Blanchet in memory of Hubert Laberge Donald Bournival in memory of Eva Peterson Vivian Pilot in memory of Jeannine Beaulieu Rosemary Clark in memory of Donald Clark John & Jocelyn Henning in memory of Paulette Sharp Julia DiStefano in memory of Dr. Richard Knab Marc Provencher in memory of George Provencher Ann Sirois in honor of Roland & Rita Sirois Jeanette LaBerge in memory of Hubert Laberge

Church Of The Good

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#### Corporate Connections

he following **L** corporations have supported The CareGivers in a significant way throughout the year. If you share our mission and would like to join us as a corporate partner, please call The CareGivers, Inc.











**BAE SYSTEMS** 







