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Thank you to those that committed to support The CareGivers at a level of \$500 or more in 2012:

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The Official Newsletter of:



Caring Connections

VOLUME 8, ISSUE 2

SUMMER 2012



Connecting Friends, Becoming Family

Helping the frail, elderly & disabled to maintain their independence & dignity through the spirit of volunteerism.

Genealogically speaking, there's no connection, but when Dot Brawley penned invitations to a recent family gathering, Joannie Barrett's was one of the first in the mail. Their bond is not blood, though the link is heartfelt, constant, unconditional and full of laughter.

They are companions on the Caregivers journey. Once a week, a routine as regular as the mail itself, Joannie makes a friendly visit to Dot. While sipping coffee and nibbling on blueberry muffins they feed each other good-times, companionship and a sense of togetherness.

Dot, an 83-year-old homebound Caregivers client and retired physical education teacher, and Joannie, a Caregivers volunteer since 1988, each look forward to their weekly chat. Joannie loves listening to Dot's stories and being touched by her optimism. Dot remains connected to an ever-changing world through Joannie and is moved by her compassion.

Connected via the CareGivers Friendly Visitor program, their relationship is nearly three-years



young. The two mothers each possess a great sense of humor. Time flies by when they converse and help each other make sense of their lives.

"Joannie's a wonderful caregiver. I was lucky when she was given my name and gave me a call," said Dot. "We share a lot of laughs."

Joannie feels blessed as well. "Dot is a wonderful person. I believe it is as rewarding to visit as it is to be visited. I always look forward to our time together.

Thanks for Giving!

St. Mary's Bank made a generous donation to the CareGivers. The funds will specifically be used to purchase a tracking software program for the group's Caring Cupboard.



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Welcome AmeriCorps Vista Volunteer William Duryea

William comes to us from Northern New York. He graduated from Clarkson University in Potsdam, NY.

He majored in English and Political Science. He is an avid reader, and particularly enjoys older books and classic literature.

William's role at the CareGivers will be recruiting and supervising volunteers for the Caring Cupboard Initiative.



"Experience the power of caring!"



"I consider myself very lucky that I have the CareGivers for transportation. Your people are so courteous and prompt."

-Dora from Manchester

"Profiles of Service" A Board Member's Perspective



Desmond Coffee

How do you help the CareGivers? I primarily volunteer in the Rides for Healthy Living program. My involvement in this program has been most rewarding. The people I have met have been wonderful and I love listening to their stories. At times it's worth a "slight detour" on the way back from their appointment so they can finish their story. I have indeed received more than I have given. I also serve as chairman of the board of directors.

contributing members of our communities. And when providing help to an individual the organization is often an indispensable resource for a family struggling to help with the care of a loved parent or relative while heavily involved in the raising of their own family. The support provided by the CareGivers also helps our communities by helping some individuals limit their requirement for help from government-assisted programs.

About Des:

Des is a native Californian and graduated from Santa Clara University. He met his wife of 51 years, Tiblene Peace in his senior year at SCU. Des spent 21 years serving in the Navy, then 20 years as a business development manager with Sanders, now BAE Systems. He has 6 children, 3 boys and 3 girls and 14 grandchildren. In his free time Des enjoys skiing, biking, kayaking, gardening and reading.

Why did you become involved with The CareGivers?

Upon retiring I wanted to stay active and volunteering in some fashion seemed like a good way to do that. Having watched my sister assist my parents walk through their senior years and bearing the concerns of friends doing the same, I was drawn to the CareGivers. I have not been disappointed.

Why do you think the mission of The CareGivers is important for the community?

First in importance is the assistance it provides the frail, elderly and/or people living with a disability maintain their independence and dignity. This to me is primary. Our clients still have a lot to offer and helping them to live with dignity can be key to enabling them to still be



A Look Inside the Cupboard

The CareGivers Caring Cupboard is a mobile food pantry delivering free grocery packages to low income elderly and disabled neighbors.

	Delivery Business Partners	Households Served	Amount of Groceries
APRIL 2012	Prudential Verani, Mary Lou Brindisi Crew, St. Anselm College, Comcast	288	9,621 lbs.
MAY 2012	Prudential Verani, Best Buy, First Congregational Church Manchester, UPS	201	7,153 lbs.
JUNE 2012	Prudential Verani, Fidelity	271	9,179 lbs.
TOTALS			25,953

THANK YOU!

Short News

On April 14th the CareGivers hosted a CPR class taught by volunteer Reggie Messamore (pictured below). The CareGivers offers this class periodically to our volunteers so they will be more prepared in the event of an emergency.



Participants included Gloria Mazzaglia, Kelly Urban, Jayne Garon, Steve Botana, Bernadette Douzanis, Susan Mansor, Desmond Coffee, Tiblene Coffee, Beth Bartlett, Deborah Sandal, and Mary Wainright.



The CareGivers would like to welcome new staff members (from left to right) Ann Count and Laura Ploss. Ann is now the Program Coordinator for the Caring Cupboard, and Laura will be planning fundraising events and outreach activities for the CareGivers.

Ann resides in Brookline with her husband Steve of 24 years and has a 21-year-old son Samuel, a 19-year-old daughter Caroline, and a 13-year-old Shih tzu named Max. Ann enjoys spending time with family, cooking, walking and uncovering treasures at yard sales.

Laura lives in Merrimack with her husband Charlie of 17 years and 3 boys, Drew, Tyler and Owen. She recently graduated from SNHU with her bachelor's in English Language and Literature. In her free time Laura enjoys playing with her 2 Labrador Retrievers, Nella and Shady, and reading.



Happy Birthday Volunteers

July	
June Sapiel	7/02
Pamela McManus	7/04
Rita Murphy	7/04
Donna Skotz	7/04
Diana Nelson	7/15
Inara Platt	7/16
Stacy Hebert	7/16
Ruth Conway	7/19
Eugene Rheault	7/20
Joshua Lafond	7/23
Paul Pearsall	7/30
Christine Tanguay	7/31

August	
William Doucet	8/04
Patricia Greig	8/04
Tammy Gross	8/08
Anne Felice Emmick	8/13
Pauline Dodier	8/14
Amie Libby	8/21
Trina Loughery	8/21
Cathy Willmott	8/22
Connie Poloskey	8/23
Jennifer Spellicy	8/27
David Stamp	8/27
Ovide Lamontagne	8/28

September	
Kathleen Flax	9/03
Richard Bordeleau	9/06
Srini Kondaveeti	9/10
Christina Patenaude	9/11
Susan Mansor	9/12
Kim Anastasiou	9/14
Marie Grantham	9/15
John Anastasiou	9/21
Robert Sampson	9/24

CareGivers "Wish" List

Your item donations make a difference! The CareGivers understands not everyone can volunteer their time or make a financial contribution, but donating items on our wish list would be an equally appreciated and rewarding way to help. All the items on the list below, in one way or another, help us provide a better life for the frail, elderly, and disabled we serve. Our most needed items will be updated in this quarterly newsletter.

- ♥ Gas cards for volunteer recognition and our agency's Caring Van.
- ♥ Grocery store gift cards in any denomination for Caring Cupboard supplemental needs.
- ♥ Items for our Caring Cupboard like:
 - Canned fruit and vegetables
 - Creamed soups
 - Ketchup
 - Cereal
 - Coffee
 - Canned peas
 - Jelly

Our Generous Donors...

The CareGivers, Inc. would like to acknowledge the generosity of the following who contributed to our programs from January 1, 2012 to May 31, 2012. Their donations will help insure that more than 700 seniors and disabled people will receive the services they need to remain independent.

Theresa Adams	Georgianna Boucher	Church Of The Good Shepherd	Alice Delucia
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Cecile Boucher	Nancy Carrier	Joan Currier	Sylvio Dupuis
	Kevin & Michele Casey	Irene Cyr	Agnes Durost
	Centrix Bank and Trust	Catherine D'Agostino	Louise Duval
	Michael Chadwick	Dana Dahl	Bruce & Susan Edwards
	Madeline Charron	Soterios Dakos	Pamela English
		James Davis	Harry Ennis

Get Ready, Set, Putt!

Join us for our upcoming event, "Par for the Cause," the CareGivers 2nd annual charity mini-golf tournament. The tournament will be held on two evenings. You can participate either Tuesday, October 16th or Wednesday, October 17th. Tee times can be scheduled between 4-8pm at your request. The event will take place at Funway Park, 454 Charles Bancroft Highway (Rt 3A) Litchfield, NH.



Invite your family, friends and co-workers or show your support and become a sponsor. Pizza, refreshments, tee-shirts, and a gift bag will be provided to all participants. In addition there will be raffles and prizes.

Individual registration is \$25 and a variety of sponsorship opportunities are available. For more information call Laura at the CareGivers or log on to www.caregiversnh.org to register.

Corporate Connections

The following corporations have supported The CareGivers in a significant way throughout the year. If you share our mission and would like to join us as a corporate partner, please call The CareGivers, Inc.

