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The Official Newsletter of:

Caring Connections

VOLUME 9, ISSUE 1

WINTER 2013

Helping the frail, elderly & disabled to maintain their independence & dignity through the spirit of volunteerism.

Volunteering Makes Time Fly

Once upon a time Donald Bournival became a tentative CareGivers volunteer, stating he'd "give us a six-month trial to see if he like it." Six month turned into six years of dedicated service and Don is still at it, routinely chauffeuring clients every Monday in the CareGivers van. Oftentimes he spends the entire day shuttling thankful homebound individuals to and from medical appointments, grocery stores and pharmacies. He could be on the road from 8:00 a.m. to 4:00 p.m., making life manageable for several clients.



Don's in constant motion, dropping off a client at the grocery store and then picking up another client at home and getting her to the eye doctor. And then he transports another client to the dentist before heading back to the grocery store. "I give each person a card with the cell phone number of a phone provided by CareGivers. They call me when they are ready. I tell them when I can get back there to pick them up, usually about 10 minutes depending where I am" Don explains. "It

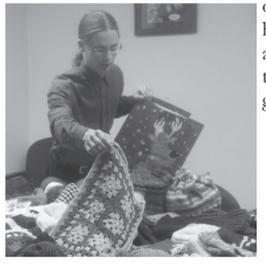
is just about giving back. They really appreciate it. One day I will need this service and it is a great thing that it is out there." Knowing Don has the ability and wherewithal to handle several clients' needs simultaneously can be a lifesaver, particularly in handling last-minute scheduling needs.

Don and his wife Priscilla have been married for 49 years and have 3 grown boys.

Holiday Hopes



The CareGivers Holiday Hopes program is a poignant example of St. Francis of Assisi's famous quote, "For it is in giving that we receive." Volunteers, many of whom give of their time throughout the year transporting, telephoning and visiting our vulnerable clients or packing and delivering Caring Cupboard groceries, provided 276 personalized presents this December. AmeriCorps VISTA-Volunteer Coordinator, William Duryea began coordinating this endeavor in early



opened their hearts, thereby allowing others to express their generosity.

"Experience the power of caring!"

www.caregiversnh.org

"What a beautiful turkey. I am going to roast it and turn it into Judy's Famous Turkey Pie for the new year!"
-Judy, Client

I am so appreciative of all the assistance you provide to me, I would not be able to live a dignified and independent life without the assistance I receive from Care Givers.

-Eric, Client

CareGivers Word Search

M Y T R E V I G E R A C X L M W T
P F G N I P L E H V F R E E S I I
W Y Z V S H O P P I N G R Q E H M
Q E L D E R L Y D E Y Z W S I N E
Y T X M E V I R D S M T S X R E W
X M A M D D A V Q P G I J C E B D
K D C S E R L D B T B R T M C Z Y
U R O F D F H T R F O O D H O R Y
O A M K I W M A L Y W T R A R R V
J O P R C D E S D G S O E Q G R G
K B A R A H I S O K E J E I L P I
Y P S H T O X G N M N B T I O G O
T U S E I S Y M A U I A N R X N N
K C I V O L D C T K O K U E O I D
G X O O N M A Z E X R V L V Q V H
W O N L H R Y S T D S G O Q H I P
I J V R E V I L E D L A V A K G Q

- CARE
- CAREGIVER
- COMPASSION
- CUPBOARD
- DEDICATION
- DELIVER
- DONATE
- DRIVE
- ELDERLY
- FOOD
- FREE
- GIVING
- GROCERIES
- HEART
- HELPING
- LOVE
- SENIORS
- SHOPPING
- TIME
- VOLUNTEER

2012 Volunteer Recognition Dinner

Several individuals and UPS were recognized at The CareGivers annual volunteer recognition dinner, held at Manchester's Executive Court banquet facility on December 4th. Over 120 attended this celebratory event, graciously sponsored by Comcast and organized to pay tribute to the volunteer efforts of so many individuals and businesses that routinely enrich the lives of our homebound clients.

UPS was honored for its longstanding support to the Caring Cupboard food delivery program. Three individual volunteers were also recognized. They are pictured below (from left to right): Marilyn Rogers, Outstanding Caring Cupboard Volunteer of the Year; Desmond Coffee, Greater Nashua Outstanding CareGiver Volunteer of the Year; Joan Sarvai, Manchester Outstanding CareGiver Volunteer of the Year; and Eriikka Kopycinski, representing UPS, the Outstanding CareGiver Volunteer Group of the Year.



Par for the Cause

The 2nd annual CareGivers mini golf tournament fundraiser, sponsored by The Arbors of Bedford, took place October 16th at Mel's Funway Park in Litchfield. Before and after teeing off on the challenging miniature golf course, participants took in the penny auction and silent auction. The St. Mary's Bank team of (left to right in the photo below) Billie Jo Schreiber, Leslie West, Gloria Mazzaglia, and Karen Schimtt-Mazzaglia secured bragging rights as the golf champs. Second place went to the Big Brothers and Big Sisters team of Stacy Ouellette, Ben Peterson, Colleen Dow, and Kent Dow. The Arbors of Bedford team of Deirdre Hewett, Megan Ellis and Michele Ellis secured third place.

Buckley Disposal, Advantage Insurance, State Farm Agent Dan Bantham, Law Office of Rebecca J. Rutter, Esq., McDevitt Trucks, Inc., and Elliot Orthodontics were generous sponsors. Check out event photos at our CareGivers Facebook page and look for hot apple cider, hot chocolate and coffee at next year's event.



Happy Birthday Volunteers

- October**
- John Puchacz 10-1
 - Roger Gosselin 10-3
 - Lani Matthews 10-4
 - Ed Myers 10-5
 - Christina Lemieux 10-7
 - Denis Boutin 10-9
 - Rachel Mason 10-9
 - Peter Muffaletto 10-12
 - Robert Lajoie 10-18
 - Donna Watson 10-20
 - Patty Martin 10-23
 - Carl "Bo" Cuchetti 10-24
 - Alisha DiMasi 10-29
- November**
- Lucille Atkinson 11-1
 - Richard Buechsenschuetz 11-1
 - Mary Kay James 11-1
 - Carol Boyer 11-2
 - Gail Rheume 11-3
 - Lois Breingan 11-4
 - Jane Warren 11-5
 - Matt Colby 11-6
 - Deena Greene 11-7
 - Susan Fahey 11-8
 - Lindzy Hamel 11-10
 - Denyse Doucet 11-15
 - Cecile Boucher 11-22
 - Gail Schevey 11-23
 - Jane Stickle 11-24
 - Lorraine Gibson 11-25
 - James Hall 11-25
- December**
- John Eddy 12-3
 - Nancy Letizia 12-5
 - Laura Withers 12-6
 - Nancy Pease 12-12
 - Jeannette Brooks 12-16
 - Nancy Mellin 12-16
 - Christine Giroux 12-23
 - Mary Lockridge 12-23
 - Bruce Manchester 12-23

CareGivers "Wish" List

Your item donations make a difference! The CareGivers understands not everyone can volunteer their time or make a financial contribution, but donating items on our wish list would be an equally appreciated and rewarding way to help. All the items on the list below, in one way or another, help us provide a better life for the frail, elderly, and disabled we serve. Our most needed items will be updated in this quarterly newsletter.

- ♥ Gas cards for volunteer recognition and our agency's Caring Van.
- ♥ Grocery store gift cards
- ♥ Items for our Caring Cupboard like :
Condiments, Ground Coffee, Toiletries, Jams and Jellies, Salad Dressing, Canned Fruit, Spam & Corned Beef Hash, Peanut Butter, Pancake Mix & Bisquick, Maple Syrup, Rice & Pasta Sides, Hamburger Helper

Short news

The Caring Cupboard recently received over a ton of food, thanks to two food drives. Fidelity donated over 1,600 pounds of food. It was the third consecutive year that this organization conducted a food drive for CareGivers. Also, staff at Pennichuck Corporation donated over 470 pounds. These foodstuffs came in handy, as we deliver almost two tons of food a month to 320 households. In addition, Caring Cupboard volunteers delivered 240 frozen turkeys in time for Thanksgiving.

Our Generous Donors...

The CareGivers, Inc. would like to acknowledge the generosity of the following who contributed to our programs from September 1, 2012 to November 30, 2012. Their donations will help insure that more than 700 seniors and disabled people will receive the services they need to remain independent.

- | | | | |
|----------------------------|-------------------------------|------------------------------|----------------------------|
| Donna Aboshar | Robert and Jane Blais | Carole Buss | Alice Delucia |
| Janet Ackerman | Maurice and Gertrude Blanchet | Mary Byrne | Daniel Demos |
| Sandra Ackerson | Carl and Marilyn Blanchette | Christina Campbell | Carol Derosa |
| Advantage Insurance | Madeline Blanchette | Ralph Capotosto | Derry Medical Center |
| Agnes Lindsay Trust | A. and Carole Blenkinsop | Emma Carleton | Martha Desaulniers |
| Eugene and Mary Jo Alibrio | Ruth Bodge | William and Gaetane Carignan | Charles Des Ruisseaux |
| Susan Amlaw | Phyllis Bodnar | Nancy Carrier | Robert and Violet Deveault |
| Arbors of Bedford | Arthur Boissonneau | Robert and Jeanne Cere | Lois Dewsnap |
| Lucille Atkinson | Lorraine Audet | Sophie Chafe | Elsie Dibella |
| Ronald and Diane Auger | Claire Bouchard | Nancy Chainey | Julia DiStefano |
| Cecile Boucher | Georgianna Boucher | Laura Charest | Pauline and Rosaire Dodier |
| Jane Stickle | Wilfrid and Annette Boucher | Dorothy Clark | Kathleen Donovan |
| Lorraine Gibson | Doris Balles | Ginny Clayton | Lucien and Doris Roy |
| James Hall | Dan Bantham | Florence Coates | Denyse Doucet |
| December | Doris Bournival | Irene Driscoll | Barbara Douglas |
| John Eddy | Donald Bournival | Heather Duffley | Irene Driscoll |
| Nancy Letizia | Roger and Violette Bournival | Roger and Denise Duhamel | Barbara Douglas |
| Laura Withers | Claire Bourque | Ruth Conway | Barbara Douglas |
| Nancy Pease | Robert and Denise Batchelder | Marcel Dupuis | Irene Driscoll |
| Jeannette Brooks | Denise and Rejeanne Boutin | Suzanne Duperron | Heather Duffley |
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| Christine Giroux | Daniel and Roberta Beaudet | Bob Corbel | Suzanne Duperron |
| Mary Lockridge | Chick Beaulieu | Barbara Correggio | Marcel Dupuis |
| Bruce Manchester | Rodney Bellerive | Connie Corcia | Agnes Durost |
| | Annette Belliveau | Natalie Rotman Cote | Shirley Dutton |
| | Bentley Commons | Lionel and Lillian Coulon | Kathryn Durant |
| | James and Dorothy Bertelli | Shirley Cronin | Louise Duval |
| | Victor and Lee Betts | Rita Croteau | Elliot Orthodontics |
| | Dale and Jeanette Bishop | Joan Currier | Susan Fahey |
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| | | Catherine D'Agostino | Stephen Farkas |
| | | Daughters Of Isabella | Lawrence Farrell |
| | | | Linda Feinberg |
| | | | Richard Feren |

Corporate Connections

The following corporations have supported The CareGivers in a significant way throughout the year. If you share our mission and would like to join us as a corporate partner, please call The CareGivers, Inc.



A Look Inside the Cupboard

The CareGivers Caring Cupboard is a mobile food pantry delivering free grocery packages to low income elderly and disabled neighbors.



	Delivery Business Partners	Households Served	Amount of Groceries
JUNE 2013	Bedford Presbyterian Church, Bedford Hills, National Charity League, Prudential Verani, UPS	332	10,326 lbs.
JULY 2013	St. Mary's Bank, Stonyfield Yogurt, Prudential Verani, Cornerstone Bible Church, MaryLou's Crew, National Charity League	332	9,117 lbs.
AUGUST 2013	Stonyfield Yogurt, Prudential Verani, People's Bank, Brown & Brown, National Charity League	339	9,500 lbs.
TOTALS			

THANK YOU!